



## Smash Cow Kitchen Allergens Sheet

| Week Commencing:   | No Allergens Listed | Egg | Sesame | Shellfish/Crustaceans | Molluscs | Milk | Fish | Mustard | Celery | Soya | Cereals Containing Gluten | Sulphites | Lupin | Tree Nuts | Peanuts | Initials |
|--------------------|---------------------|-----|--------|-----------------------|----------|------|------|---------|--------|------|---------------------------|-----------|-------|-----------|---------|----------|
| Beef Patties       | x                   |     |        |                       |          |      |      |         |        |      |                           |           |       |           |         |          |
| Bacon              | x                   |     |        |                       |          |      |      |         |        |      |                           |           |       |           |         |          |
| Proof Burger Buns  |                     | x   | x      |                       |          | x    |      |         |        |      | Wheat                     |           |       |           |         |          |
| Tomato Ketchup     | x                   |     |        |                       |          |      |      |         |        |      |                           |           |       |           |         |          |
| Mustard            |                     |     |        |                       |          |      |      | x       |        |      |                           |           |       |           |         |          |
| Sliced Pickles     | x                   |     |        |                       |          |      |      |         |        |      |                           |           |       |           |         |          |
| Sriracha Sauce     |                     |     |        |                       |          |      |      |         |        | x    | Wheat                     |           |       |           |         |          |
| Mayo               |                     | x   |        |                       |          |      |      | x       |        |      |                           |           |       |           |         |          |
| Biscoff Spread     |                     |     |        |                       |          |      |      |         |        | x    | Wheat                     |           |       |           |         |          |
| Asian Slaw         |                     |     |        |                       |          |      |      |         |        |      |                           | x         |       |           |         |          |
| Sweet Chilli Sauce | x                   |     |        |                       |          |      |      |         |        |      |                           |           |       |           |         |          |
| Cheese Slice       |                     |     |        |                       |          | x    |      |         |        |      |                           |           |       |           |         |          |
| Vegan Bun          |                     |     |        |                       |          |      |      |         |        |      | Wheat                     |           |       |           |         |          |
| Vegan Burger Patty |                     |     | x      |                       |          |      |      |         |        | x    | Wheat                     | x         |       | MC        | MC      |          |
| Siracha Mayo       |                     | x   |        |                       |          |      |      | x       |        |      |                           |           |       |           |         |          |
| BBQ Sauce          |                     |     |        |                       |          |      |      |         |        | x    | Wheat<br>Barley           |           |       |           |         |          |
| Garlic Mayo        |                     | x   |        |                       |          |      |      | x       |        |      |                           |           |       |           |         |          |
| Grated Cheese Mix  |                     |     |        |                       |          | x    |      |         |        |      |                           |           |       |           |         |          |
| Chicken Burger     |                     |     |        |                       |          | x    |      |         |        |      | Wheat                     |           |       |           |         |          |



